

VIDEO AUDITION

Please send the link to your video audition either as an unlisted youtube video or dropbox.

Part 1: An introduction by you, where you talk about yourself, your career aims and why you would like to train at Lisbon Performing Arts College

Part 2: BALLET –

Ballet Barre and Centre Practice, approximately 10 minutes, (you may show exercises from one of the examination boards, eg. ISTD, RAD etc.

Short Ballet Barre Sequence

Include : pliés & port de bras, Battement tendus & glisses, Grand battement and Developpés

Centre

Port de bras and Adage – to include 1st arabesque shown side-on to both sides

Pirouettes – to show turning to both sides

Sautés in 1st, changement, échappé to 2nd

Part 3: JAZZ TECHNIQUE- arranged at your own level

Combination including front kicks, side kicks, and pirouettes

Leap combination to include a variety of different jumps

Stretch on floor - including : frogs, hamstrings stretch over legs, leg stretch lying down, back bend, standing facing sideways a slow roll down and roll up through the spine, sitting on floor facing camera in a wide 2nd slowly stretch forward

Part 4: (optional for dancers) SOLO SONG – max 2 mins with accompaniment- any song from musical theatre repertoire

Part 5 (Optional): MONOLOGUE – max 2 minutes – from any play

Part 6: DANCE SOLO– max 2 minutes- any style of dance (e.g- jazz/contemporary)